



# RESOLUTIONS

*A Got Questions Ministries Mini Bible Study*



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# ***How to Use This Mini Bible Study***

*Welcome to the Got Questions Ministries Bible Study! We're so glad you're here!*

In these studies you will find content questions to grow your understanding, Bible search questions to dig deeper, and heartfelt questions to spark reflection and discussion. Whether you are a new or seasoned believer, using these Bible studies for personal study or as a small group/Sunday School resource, we hope you will increase in your understanding of what it means to be a follower of Christ and that you will seek Him more passionately.

*You will seek me and find me when you seek me with all your heart.*  
– Jeremiah 29:13

These Bible studies are tools to help you grow in your knowledge of the topics at hand. However, knowing about God is not the same as actually knowing Him. God invites each of us to know Him personally and to

Throughout this study, there will be information to read and questions to answer. Next to the questions will be icons. Here is your key to understanding them:



Content Qs



Engage Qs



Bible Look Up Qs



Reflection Qs

have eternal life through Him.

If we place our faith in Him, trusting in His death on the cross to pay for our sins, we will be forgiven and receive the promise of eternal life in heaven.

*For God so loved the world that he gave his one and only Son so that anyone who believes in him will not perish but have eternal life.*  
– John 3:16

If you have not yet trusted in Him for salvation or are unsure if you are saved, please visit: [www.gotquestions.org/eternal-life.html](http://www.gotquestions.org/eternal-life.html).

May God richly bless you as you seek to study His Word and grow in your walk with Him (Joshua 1:8)!







# Lesson 1: RESOLUTIONS

*In their hearts humans plan their course,  
but the LORD establishes their steps.*

*Proverbs 16:9*



*Many are the plans in a person's heart,  
but it is the LORD's purpose that prevails.*

*Proverbs 19:21*

**Read the verses above. What do they reveal about resolutions and plans?**



***What do we learn about the relationship between our plans and God's purposes?***



***How does the truth that God's purpose prevails impact you and your plans for your life?***



***In what ways have you experienced the Lord redirecting your plans?***



***What are some plans you have for your life? How does knowing that God's plans are best for you allow you to have a right view of your plans?***



***What allows you to trust God with the plans for your life? If you do not trust Him with the plans for your life, why not?***



***Think through the character of God (He is faithful, trustworthy, fully good, perfect, the Creator and Sustainer of all things, etc). How does reflecting on His character impact your trust in Him with the plans for your life?***



# *Lesson 2:* RESOLUTIONS

*Whatever you do, work at it with all your heart, as if you were working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.* Colossians 3:23-24



**Read the passage above. What do these verses reveal about the type of plans we make and how we work toward them?**



**What is the connection between working hard (like toward a goal) and our faith?**



***Think of a goal you have set for yourself. How are you able to “work at it with all your heart, as working for the Lord”?***



***How does working toward our goals with all our hearts as unto the Lord impact the way we reach our goals?***





***When have you been tempted to give up on a goal you had for a reason other than God calling you to stop? What led to that? How could Colossians 3:23-24 encourage you when those times come again?***



***Think through the goals you have set for yourself recently, spiritual or not. If you do not have any, now is a good time to do so! How can you work toward these goals as unto the Lord, heartily? Ask Him to help you do so and to reveal to you what that looks like for your particular goals.***



# Lesson 3: RESOLUTIONS

*For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.*

*1 Timothy 4:8*



***Read the verse above. What do we learn about resolutions from this verse?***



***How does this verse put into perspective the value of the type of resolutions we set?***



***Physical training has great value, but why is godliness of more value in all things?***



***What kind of physical goals do you have for yourself? How are you working toward these goals? How do they reflect godliness?***



***What kind of spiritual goals do you have for yourself? How would they impact your daily life?***



***How can we balance having physical goals and spiritual goals for our lives?  
How do they intersect?***



***Reflect on the types of goals you have for your life, both physical (whether for health or other tangible, daily goals) and spiritual. How would reaching these goals impact your current life, your future, and the life to come?***



# Lesson 4: RESOLUTIONS

*Suppose one of you wants to build a tower. Won't you first sit down and estimate the cost to see if you have enough money to complete it?*

*Luke 14:28*



***Read the verse above. What does it reveal about setting goals and resolutions? What work is involved in setting goals and creating a plan to achieve your goals?***





***Think about your current goals. How are you preparing for them, thinking through the cost and work it will take to complete them?***



***Why is it important to analyze your goals and the work it will take to reach them?***



***Think through one of your current goals (either a physical goal or a spiritual goal). Ask God to reveal to you what it will cost you to reach your goal, the steps you need to take, and what it will require for you to complete it. Pray through each step, asking His Holy Spirit to fill you and equip you to accomplish it. As you reach each step of your goal, praise Him and rejoice for helping you get there!***



# Lesson 5: RESOLUTIONS

*Commit your way to the LORD;  
trust in him and he will do this:  
He will make your righteous reward shine like the  
dawn,  
your vindication like the noonday sun.*

*Be still before the LORD  
and wait patiently for him;  
do not fret when people succeed in their ways,  
when they carry out their wicked schemes.*

*Psalm 37:5-7*



***Read the above passage. What do these verses reveal about making plans and resolutions?***



***What is the relationship between making goals, working toward them, and trusting in God?***



***What does it look like to commit your ways to the Lord?***



***What does being still before the Lord and waiting patiently for Him look like for you regarding your goals, plans, and resolutions?***



***How does being still before the Lord keep you from comparing yourself to others and their plans and instead working heartily as unto the Lord?***



***Spend some time being still before the Lord bringing your plans, goals, and resolutions before Him.***





# *Lesson 6:* RESOLUTIONS

*Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*

*Galatians 6:9*

*Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.*

*Romans 12:11*



***What do these verses reveal about our attitudes as we work toward our goals, plans, and resolutions?***



***What discourages you from continuing to do good or dampens your spiritual fervor?***



***What are some practical steps you take to stay encouraged in pursuing goals you have with fervor?***



***What is the outcome of not growing weary in doing good?***



***Where do you need encouragement in your life to pursue the plans God has for you? Pour your heart before the Lord and ask Him to provide you the encouragement you need.***



# Lesson 7: RESOLUTIONS

*I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must*

*remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.*

*John 15:1-5*



**Read the verses above. What do they reveal about our source for everything we do, including making resolutions?**



**What is the connection between fruitful outcomes and our abiding in Christ?**



***What does it mean to abide in Christ? What does that look like practically?***



***How does abiding in Christ personally impact your resolutions, goals, and plans?***





***How are you abiding in Christ for the setting of and completion of your resolutions, goals, and plans? How can you tell when you are abiding in Him or when you are operating out of your own strength?***



***The True Vine wants you to be connected to Him. Spend some time connecting with Him. Reflect on your goals and plans for your life as well as where you are in the process of completing them. If you are abiding in Him to make them and complete them, talk to Him about where you are in the process. Thank Him for the fruit He is producing.***

***If you are not abiding in Him for the making and completing of your goals, repent, and draw nearer to the True Vine, who wants you to grow and be fruitful.***



# Wrap Up

Now that you have studied seven lessons on resolutions, take some time to reflect on what you've learned and how you will put what you've learned into practice.



***How has your understanding of resolutions, goals, and plans changed or expanded as a result of what you've learned through this study?***



***What will you change in your life as a result of this study?***



***Who in your life would you like to see grow in their understanding of resolutions, goals, and plans? Commit to praying for them. What will you share with them about what you have learned?***